Help prevent the spread of respiratory diseases like COVID-19

**WASH YOUR HANDS**
Wash your hands with soap & warm water regularly.

**WEAR A FACE COVERING**
Wear a face cover and cough or sneeze in to your sleeve, or a tissue. Dispose and wash your hands afterwards.

**DON’T TOUCH**
Avoid unnecessary touching of hand rails, door knobs, and other common surface areas. Avoid touching your face, especially with unwashed hands.

**KEEP YOUR DISTANCE**
Maintain social distancing and avoid common areas. Eat outside or at your desks, and use technology to limit social interaction.

**STAY HOME**
Monitor your symptoms and stay home if you feel sick. Communicate with your supervisor or professor.

**GET HELP**
Seek medical attention as necessary, either through Student Health Services (students) or your health provider (faculty and staff).

MORE INFORMATION
STAY INFORMED OF THE LATEST UPDATES BY VISITING: WWW.UTSA.EDU/CORONAVIRUS.