

COVID-19

PROTECT YOURSELF
AND LOVED ONES



Help prevent the spread of respiratory diseases like COVID-19

WASH YOUR HANDS

Wash your hands with soap & warm water regularly.



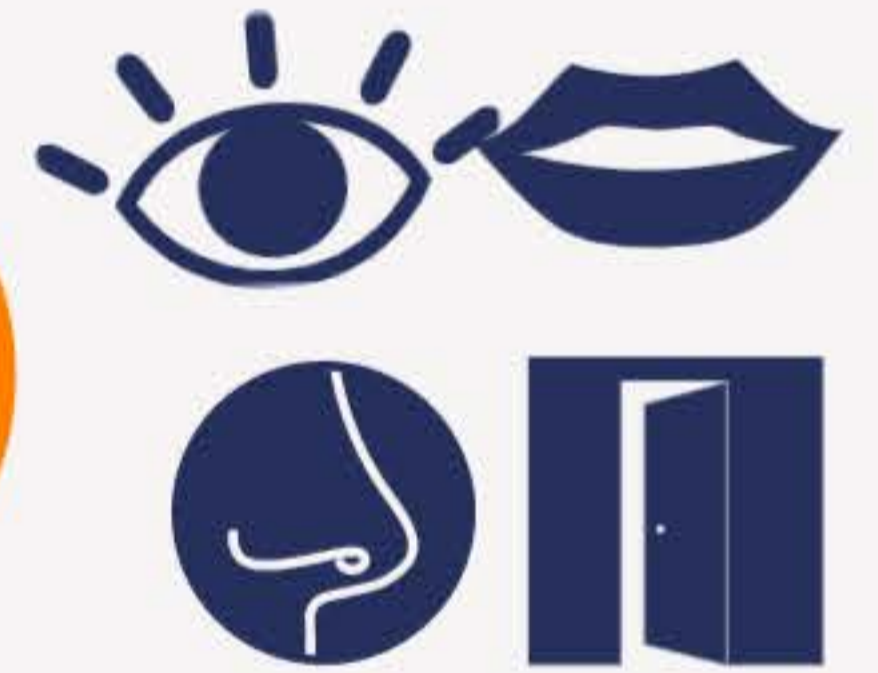
WEAR A FACE COVERING

Wear a face cover and cough or sneeze in to your sleeve, or a tissue. Dispose and wash your hands afterwards.



DON'T TOUCH

Avoid unnecessary touching of hand rails, door knobs, and other common surface areas. Avoid touching your face, especially with unwashed hands.



KEEP YOUR DISTANCE

Maintain social distancing and avoid common areas. Eat outside or at your desks, and use technology to limit social interaction.



STAY HOME

Monitor your symptoms and stay home if you feel sick. Communicate with your supervisor or professor.



GET HELP

Seek medical attention as necessary, either through Student Health Services (students) or your health provider (faculty and staff).



MORE INFORMATION

STAY INFORMED OF THE LATEST UPDATES BY VISITING:
WWW.UTSA.EDU/CORONAVIRUS.

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